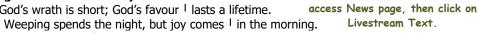
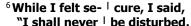
#### Psalm 30

## My God, I cried out to you, and you restored me to health. (Ps. 30:2)

- <sup>1</sup>I will exalt you, O Lord, because you have lift- I ed me up and have not let my enemies triumph I over me.
- <sup>2</sup>O LORD my God, I cried | out to you, and you restored | me to health.
- <sup>3</sup>You brought me up, O LORD, I from the dead: you restored my life as I was going down | to the grave.
- <sup>4</sup>Sing praise to the LORD, | all you faithful: give thanks in ho- | ly remembrance. R

<sup>5</sup>God's wrath is short; God's favour | lasts a lifetime.





<sup>7</sup>You, LORD, with your favour, made me as strong 1 as the mountains." Then you hid your face, and I was I filled with fear.

<sup>8</sup>I cried to | you, O LORD;

I pleaded with | my Lord, saying,

<sup>9</sup>"What profit is there in my blood, if I go down | to the pit? Will the dust praise you or de- | clare your faithfulness?

<sup>10</sup> Hear, O Lord, and have mer- | cv upon me;

O LORD, | be my helper." R

<sup>11</sup>You have turned my wailing I into dancing: you have put off my sackcloth and clothed I me with joy.

<sup>12</sup>Therefore my heart sings to you | without ceasing: O LORD my God, I will give you | thanks forever. R

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# 2 Kings 5:1-14

<sup>1</sup>Naaman, commander of the army of the king of Aram, was a great man and in high favour with his master because by him the LORD had given victory to Aram. The man, though a mighty warrior, suffered from a skin disease. <sup>2</sup> Now the Arameans on one of their raids had taken a young girl captive from the land of Israel, and she served Naaman's wife. <sup>3</sup> She said to her mistress, "If only my lord were with the prophet who is in Samaria! He would cure him of his skin disease." 4So Naaman went in and told his lord just what the girl from the land of Israel had said. <sup>5</sup>And the king of Aram said, "Go, then, and I will send along a letter to the king of Israel."

He went, taking with him ten talents of silver, six thousand shekels of gold, and ten sets of garments, <sup>6</sup>He brought the letter to the king of Israel, which read, "When this letter reaches you, know that I have sent to you my servant Naaman, that you may cure him of his skin disease." <sup>7</sup> When the king of Israel read the letter, he tore his clothes and said, "Am I God, to give death or life, that this man sends word to me to cure a man of his skin disease? Just look and see how he is trying to pick a guarrel with me."

<sup>8</sup> But when Elisha the man of God heard that the king of Israel had torn his clothes, he sent a message to the king, "Why have you torn your clothes? Let him come to me, that he may learn that there is a prophet in Israel." 9 So Naaman came with his horses and chariots and halted at the entrance of Elisha's house. 10 Elisha sent a messenger to him, saying, "Go, wash in the Jordan seven times, and your flesh shall be restored, and you shall be clean." 11 But Naaman became angry and went away, saying, "I thought that for me he would surely come out and stand and call on the name of the LORD his God and would wave his hand over the spot and cure the skin disease! <sup>12</sup> Are not Abana and Pharpar, the rivers of Damascus, better than all the waters of Israel? Could I not wash in them and be clean?" He turned and went away in a rage. 13 But his servants approached and said to him, "Father, if the prophet had commanded you to do something difficult, would you not have done it? How much more, when all he said to you was, 'Wash, and be clean'?" 14 So he went down and immersed himself seven times in the Jordan, according to the word of the man of God; his flesh was restored like the flesh of a young boy, and he was clean.

# Galatians 6:1-16

<sup>1</sup>My brothers and sisters, if anyone is detected in a transgression, you who have received the Spirit should restore such a one in a spirit of gentleness. Take care that you vourselves are not tempted. <sup>2</sup> Bear one another's burdens, and in this way you will fulfill the law of Christ. <sup>3</sup> For if those who are nothing think they are something, they deceive themselves. <sup>4</sup>All must test their own work; then that work, rather than their neighbou r's work, will become a cause for pride. <sup>5</sup> For all must carry their own loads.

<sup>6</sup>Those who are taught the word must share in all good things with their teacher.

<sup>7</sup>Do not be deceived: God is not mocked, for you reap whatever you sow. 8 If you sow to your own flesh, you will reap corruption from the flesh, but if you sow to the Spirit, you will reap eternal life from the Spirit. <sup>9</sup>So let us not grow weary in doing what is right, for we will reap at harvest time, if we do not give up. <sup>10</sup> So then, whenever we have an opportunity, let us work for the good of all and especially for those of the family of



<sup>11</sup> See what large letters I make when I am writing in my own hand! <sup>12</sup> It is those who want to make a good showing in the flesh who try to compel you to be circumcised—only that they may not be persecuted for the cross of Christ. <sup>13</sup> Even the circumcised do not themselves obey the law, but they want you to be circumcised so that they may boast about your flesh. <sup>14</sup> May I never boast of anything except the cross of our Lord Jesus Christ, by which the world has been crucified to me and I to the world. <sup>15</sup> For neither circumcision nor uncircumcision is anything, but a new creation is everything! <sup>16</sup> As for those who will follow this rule peace be upon them, and mercy, and upon the Israel of God.

### Luke 10:1-11, 16-20

<sup>1</sup> After this the Lord appointed seventy-two others and sent them on ahead of him in pairs to every town and place where he himself intended to go. <sup>2</sup>He said to them, "The harvest is plentiful, but the labourers are few; therefore ask the Lord of the harvest to send out labourers into his harvest. <sup>3</sup>Go on your way: I am sending you out like lambs into the midst of wolves. <sup>4</sup>Carry no purse, no bag, no sandals, and greet no one on the road. 5Whatever house you enter, first say, 'Peace to this house!' 6And if a person of peace is there, your peace will rest on that person, but if not, it will return to you. <sup>7</sup>Remain in the same house, eating and drinking whatever they provide, for the labourer deserves to be paid. Do not move about from house to house. <sup>8</sup> Whenever you enter a town and its people welcome you, eat what is set before you; <sup>9</sup> cure the sick who are there, and say to them, 'The kingdom of God has come near to you.' 10 But whenever you enter a town and they do not welcome you, go out into its streets and say, 11 Even the dust of your town that clings to our feet, we wipe off in protest against you. Yet know this: the kingdom of God has come near.'

<sup>16</sup> "Whoever listens to you listens to me, and whoever rejects you rejects me, and whoever rejects me rejects the one who sent me."

<sup>17</sup>The seventy-two returned with joy, saying, "Lord, in your name even the demons submit to us!" <sup>18</sup>He said to them, "I watched Satan fall from heaven like a flash of lightning. <sup>19</sup> Indeed, I have given you authority to tread on snakes and scorpions and over all the power of the enemy, and nothing will hurt you. <sup>20</sup> Nevertheless, do not rejoice at this, that the spirits submit to you, but rejoice that your names are written in heaven."